

FAITH FRIDAY 4/29/2022

UPCOMING EVENTS:

- April 29th - Memorial of St. Catherine of Siena, Virgin and Doctor of the Church
- May 1st - St. Bernard School Carnival!
- May 2nd - Memorial of Saint Athanasius, Bishop and Doctor of the Church
- May 3rd - Feast of Saints Philip and James, Apostles

ANNOUNCEMENT!

Come celebrate St. Bernard's parish festival! There's carnival games and face painting for kids, and adults can enjoy the beer garden and meat raffles. Everyone can enjoy the amazing food and spirit of community as we gather to celebrate and honor or retirees Mrs. Peyton, Ms. Lamoureux and Mrs. Molacek at the Dime Toss. Come one and come all!



MEMORIAL OF ST. CATHERINA OF SIENA

Where is Siena you say? Well, it is in Italy where St. Catherine is a patron along with Saint Francis of Assisi. She was the youngest of 25 kids. That is a lot! Did you know she had a twin sister? Unfortunately, she was born during the Bubonic Plague of Europe and her sister died just months after she was born. She was so joyful as a child that her family called her "Euphrosyne," Greek for "joy." As Catherine grew up, she saw visions of Jesus which prompted her to want to join the order of Dominicans. She wrote a book called Dialogue, which taught that if you love your neighbors it is loving God. She also devoted her life to improving the Catholic church, helping the ill, poor, and spiritually underprivileged. In early 1378, she was sent by Pope Gregory XI to Florence, Italy to seek peace between Florence and Rome. Soon after, however, Pope Gregory XI and violence broke out. On June 18th, in the midst of violence, someone tried to assassinate her, though she survived. She died of anorexia as she ate very little in the name of God. She became a saint in 1461, and was later made a Doctor of the Church in 1970 by Pope Paul VI and a patron of Europe in 1999.

WRAP Yourself in Scripture

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Journaling with Lectio Divina

First, pause and recollect yourself to God's presence. Become aware that God is right here, right now. Ask him for the light of His Holy Spirit to illuminate this time of prayer. Next, read the verse several times until a word, verse, or verses jump out to you or capture your attention (I personally like to read the scripture three times through) Then begin.

W=Write: Write out the verse(s) that speak to you.

R=Reflect: Reflect on the principle or truth that the Scripture is teaching. Use your imaginative and analytical faculties. Write down your thoughts, feelings, and desires in relationship to the Scripture and dialogue with Jesus.

A=Apply: Consider how Jesus is calling you to apply the truths from Scripture. Write down your response to the Scripture and how you can apply it beginning today.

P=Pray: Write a prayer related to the verses that offer praise and thanksgiving to God. Ask God to help you respond in faith to His Word. At the end of your prayer, focus completely on Jesus. Rest in His Heart and presence. Receive His strength, His love, and His grace.

Proverbs 22: 6-9 Start children off on the way they should go, and even when they are old they will not turn from it. The rich rule over the poor, and the borrower is slave to the lender. Whoever sows injustice reaps calamity, and the rod they wield in fury will be broken. The generous will themselves be blessed for they share their food with the poor.

Write:	Reflect:
Apply:	Pray: At the end of your prayer, focus completely on Jesus. Rest in His Heart and presence. Receive His strength, love, and grace.

