

FAITH FRIDAY 11/19/2021

UPCOMING EVENTS:

November 15-December 10: Canned food drive for SVdP Pantry

November 24-26: No School Thanksgiving Break

November 29th: \$2.00 Dress Down Day

December 1st: First Reconciliation

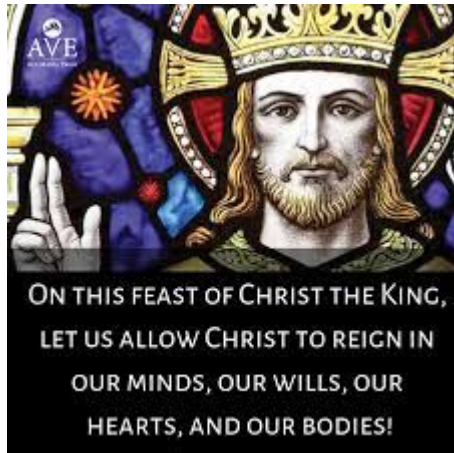
CHANGE OF DATE FOR CHRISTMAS PROGRAM--New date is Thursday, December 16th. More information to come.

HUGS FOR THE HOMEBOUND

Every year we have parishioners who are homebound due to age and/or health issues. This number of homebound parishioners has increased since Covid hit. These parishioners very much miss their St. Bernard community. They miss seeing the students when walking into daily Mass. They miss their friends at Sunday Mass. Being homebound has been hard for these parishioners, but this time of year makes being homebound even harder. As they hear about their friends and family getting together for the holidays, they are still at home by themselves. Help us brighten up their holiday season by sending them a handwritten letter or card letting you know that you are thinking of them and they are in your prayers. See the attached flyer for more information, and God bless you!

SOLEMNITY OF CHRIST THE KING

This Sunday is the last Sunday in ordinary time in our liturgical year before Advent begins. The last Sunday in ordinary time is dedicated to recognizing that Jesus is the Lord of all people and things. This day is a fairly new day in the Catholic Church. It began in the 1920s after the First World War. During that time of political upheaval and economic crisis across the globe, especially in parts of Europe and Russia, people turned to their government officials for the hope, stability, and love they used to find in Jesus. According to Simply Catholic:



In their distress, people clung to anyone who offered them hope, offered some kind of direction out of the chaos and promised to put food on their tables. They gravitated to the emerging dictators, and as they did they often sought to be self-sufficient to the exclusion of God from their everyday lives...In all these developments, the new Pope Pius XI saw that people were denying Christ in favor of a lifestyle dominated by secularism, material advantage and false hope created by the tyrants.

In the year 1925, a jubilee year to celebrate the 1600 anniversary of the Council of Niceae (where we get the Nicaen Creed), Pope Pius XI continually proclaimed that Jesus was King of All, that "His kingdom shall have no end." This message was also constantly repeated during liturgical feast days such as the Annunciation, the Epiphany, the Transfiguration and the Ascension. So that this message wasn't lost after Pope Pius XI's reign he created a new feast day one that "acknowledged perpetually the supremacy of Jesus Christ over all men, nations and earthly allegiances."

WRAP Yourself in Scripture

Karen L. Dwyer, PhD/Lawrence A. Dwyer, JD, The Institute for Priestly Formation
Journaling with Lectio Divina

First, pause and recollect yourself to God's presence. Become aware that God is right here, right now. Ask him for the light of His Holy Spirit to illuminate this time of prayer. Next, read the verse several times until a word, verse, or verses jump out to you or capture your attention (I personally like to read the scripture three times through) Then begin.

W=Write: Write out the verse(s) that speak to you.

R=Reflect: Reflect on the principle or truth that the Scripture is teaching. Use your imaginative and analytical faculties. Write down your thoughts, feelings, and desires in relationship to the Scripture and dialogue with Jesus.

A=Apply: Consider how Jesus is calling you to apply the truths from Scripture. Write down your response to the Scripture and how you can apply it beginning today.

P=Pray: Write a prayer related to the verses that offer praise and thanksgiving to God. Ask God to help you respond in faith to His Word.

At the end of your prayer, focus completely on Jesus. Rest in **How to WRAP**

His Heart and presence. Receive His strength, His love, and His grace.

John 18: 33-37

33 So Pilate went back into the praetorium and summoned Jesus and said to him, "Are you the King of the Jews?" 34 Jesus answered, "Do you say this on your own or have others told you about me?" 35 Pilate answered, "I am not a Jew, am I? Your own nation and the chief priests handed you over to me. What have you done?" 36 Jesus answered, "My kingdom does not belong to this world. If my kingdom did belong to this world, my attendants [would] be fighting to keep me from being handed over to the Jews. But as it is, my kingdom is not here." 37 So Pilate said to him, "Then you are a king?" Jesus answered, "You say I am a king.^[a] For this I was born and for this I came into the world, to testify to the truth. Everyone who belongs to the truth listens to my voice."

Write:	Reflect:
Apply:	Pray: I like to pray while a song is playing. This is a beautifully sung hymn that connects well to the Scripture: Lord of All At the end of your prayer, focus completely on Jesus. Rest in His Heart and presence. Receive His strength, love, and grace.



Holiday Hugs for the Homebound

Help us send a bit of Christmas cheer
to St. Bernard parishioners
who are not able to get out as much as they
would like to due to various reasons.

Take just a few minutes...
Write a cheery note
in a letter or card.

Place your note(s) in the collection basket at Mass or
drop off at/mail to the Parish Office by December 16 so
we can deliver them by Christmas.
Please mark the envelope "Hugs for the Homebound!"

Your quick note will help parishioners
feel God's love through you
during this Christmas season.

Thanks for pitching in, and Merry Christmas!

